

***** Seniorresource.com E-zine *****

March 2006

SPONSORS OF THIS ISSUE

Humana. Medicare made simple.

We're dedicated to making Medicare simple and convenient. Call one of our trusted Medicare Representatives to get answers today. No strings attached. 1-800-219-7536.

Or request Humana's Free Medicare Planning Resource Guide at

[http://altfarm.mediaplex.com/ad/ck/6768-35552-14158-3?mpt=\[CACHEBUSTER\]](http://altfarm.mediaplex.com/ad/ck/6768-35552-14158-3?mpt=[CACHEBUSTER])

If it does not show as a link, copy and paste it into the "go to" line of your browser.

Why Choose Humana?

- More benefits than Original Medicare
- Save on prescription drugs
- Predictable Costs
- Over 425,000 members nationwide
- 20 years of Medicare experience

Harvard School of Public Health, MetLife Foundation and PARADE magazine invited the public to help name the stage of life between middle-age and old age, between 60 and 80. It marks where the oldest Baby Boomer's are; ready to celebrate their 60th birthday.

Thanks to advances in public health and medicine, the average 60-year-old today can expect to live to the age of 83 and millions will continue well into their 90s. This longevity revolution has spawned a new, largely unrecognized stage of life, nestled between middle-age and old-age, spanning the period from 60 to 80. As Boomers enter their 60s, they will confront the questions: "What's next?" and "What do I want to do with the rest of my life?"

PARADE's December 11, 2006 issue invited readers to suggest new language to substitute for such terms as "senior citizen", "elderly", and "old"-labels likely to be rejected by Boomers. Readers could also address related questions, such as, "How woul

The Deficit Reduction Act of 2005 (DRA '05)

T h e P e r i

C. DID YOU KNOW

More than 6,000 American tourists died abroad in 2005. Besides the cost of shipping a body home the family must wait for the foreign authorities

mechanical engineer about \$5,000 per year.

Copyright © 2006. All rights reserved. *****

Services subject to change without notice. Product

companies and their services are the responsibility of their

respective owners. All subject to written permission of the publisher

P.O. Box 781

Del Mar, CA 92014-0781

877.793.7901