



Emily, renewing her driver's license at the county clerk's office was asked by the female recorder to state her occupation. She hesitated uncertain how to classify herself. "What I mean is, do you have a job, or are you just a .....?"

"Of course I have a job," snapped Emily. "I'm a Mom."

"We don't list 'Mom' as an occupation...'housewife' covers it," said the recorder emphatically.

I forgot all about her story until one day I found myself in the same situation, this time at our

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up depleted blood sugar levels, while the milk soothes and re-hydrates your system.

Heartburn: Bananas have a natural antacid effect in the body, so if you suffer from heartburn,

of banana skin and place it on the wart, with the yellow side out. Carefully hold the skin in place with a plaster or surgical tape!



BUT, heaven help the elderly who dare to buy their prescription drugs from a Canadian (or

. How to live alone... even if she doesn't like it...

Whom she can trust, whom she can't, and why she shouldn't take it personally...

Where to go... be it to her best friend's kitchen table... or a charming inn in the woods...

when her soul needs soothing... What she can and can't accomplish in a day... a month...and a year...

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## G. THOUGHT FOR THE DAY

So few men, so few who can afford me.

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